

Participant information sheet

Survey title: Role, experience and perception about “10,000 Lives” and smoking cessation activities in Central Queensland. Link: <https://cqhealth.citizenspace.com/central-queensland-public-health-unit/10000lives-smokingcessation-covid-19>

Why are we doing this survey?

The current daily smoking rate of Central Queensland (CQ) is higher than the state and national average. As part of the Destination 2030 vision, Central Queensland Hospital and Health Service aims to reduce the daily smoking rate from 16.7% (in 2017) to 9.5% by 2030. Achieving this target means 20,000 less smokers in CQ which aims to save 10,000 lives from premature deaths due to smoking-related diseases. For this, CQ Public Health Unit launched the “10,000 Lives” initiative on November 2017 and has been integrating and promoting the available smoking cessation support available for the residents of CQ. We are thankful for your great support in this initiative.

Currently we are facing one of the largest pandemics of the history which has significant consequences on people’s health and wellbeing. Community lockdowns and self-isolation may impact on mental health and lead to changes in some behaviours such as tobacco smoking. Consequently, you may notice a change in the interests for smoking cessation by the people who smoke. In this context, we seek to understand your role, experience and perception about “10,000 Lives” and smoking cessation activities in CQ and invite you to participate in an online survey.

Why are we asking you?

You were identified as a person who were in contact with the senior project officer of “10,000 Lives” through email or phone call or in-person meeting regarding the smoking cessation activities in CQ.

What is the procedure?

Participation in this survey is completely voluntary. If you are agreed to participate, an online survey will take around 15-25 minutes to complete. The survey will include sociodemographic questions, questions on your role, your experience in supporting the 10,000 Lives initiative and smoking cessation activities, and your perspective and recommendations for smoking cessation activities in this COVID-19 pandemic situation.

How do you consent?

Before completing the survey, you will be asked to tick a box to say you have read the information and consent to participate. By completing the survey, you will be acknowledging that you have read and

understood the information included herein; that you voluntarily agree to participate; and that you give consent for the data you provide in the survey to be used for research publication.

What is the risk and benefit?

We believe that the survey will not pose any risk to you directly. However, it will require your commitment of time, which may impose an inconvenience to you. To minimise this inconvenience, we have limited the number of questions and expect the survey will take 15-25 minutes to complete. Again, there may be no immediate benefit to you by participating in this survey, however the information you provide may help us understand, act and inform policy to improve the strategies of “10,000 Lives” that will help people to quit smoking.

How the confidentiality will be maintained?

No identifiable information will be collected or be reported. Thus, the information you provide in response to the survey questions cannot be linked back to you personally. We will ensure the data handling and storage only in an access limited device of Queensland Health.

What is your right to withdraw?

You have the right to choose not to participate, or to withdraw your participation, at any time during completion of the survey, without penalty. However, once survey responses are submitted your responses cannot be withdrawn.

How we will give you the feedback on this survey result?

After the completion of the survey we will generate a report and will share via email, if you indicate you would like a copy. However, no identifying information from any participant will be included in this or any other report of study outcomes.

Questions/ Further Information:

If you have any questions about the survey or you would like to know more information before deciding the survey please contact Dr Md Arifuzzaman Khan (Arifuzzaman.Khan@health.qld.gov.au) or Kalie Green, (Kalie.Green@health.qld.gov.au).

Dissemination and ethical permission:

The results from this survey may be published in peer-reviewed journals and included as part of a PhD thesis. The research project is approved by the CQHHS Human Research Ethics Committee (HREC) clearance no: HREC/2019/QCQ/50602.